

The Cove



OCTOBER 2025		SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY																																																									
Meeting Places BUS Bus CL CV-Club Room CRY CV-Crystal Cove DR CV-Dining Room FC CV-Fitness Center L CV-Lobby Pool CV-Pool LL Lake Lea CP RG-Central Portico CA RG-Cohen Auditorium FE RG-Front Entrance RGH RG-Housewide PC RG-Parker Chapel SU Sukkah TV TV								01 All Day Erev Yom Kippur 9:30 Water Aerobics 10:15 Chair Strengthening 11:00 Meditation with Grant 11:30 Walking Group 1:00 Chair Yoga 2:30 Quarter Bingo 4:00 Pre-Dinner Trivia 6:30 Kol Nidre Service RGH Pool CL CL L CL CL L PC		02 All Day Yom Kippur 9:00 Yom Kippur Services w/ Yizkor 4:00 Neilah Service - End of Yom Kippur RGH PC		03 9:30 Water Aerobics 9:45 Symphony- The Billy Joe Song Book 10:15 Chair Strengthening 11:30 Walking Group 1:00 Tech Help with Skip 2:00 Torah with Laura 3:30 Bingo 4:00 Shabbat Services 4:45 Shabbat Blessing with Steve Meisel Pool BUS CL L L CL CL PC DR		04 All Day Fitness Center-Open All Day 9:30 Shabbat Services 11:30 Shabbat Lunch 4:00 Happy Hour 4:30 Sing -Along with Laura Buss FC PC DR CL CL		05 All Day Fitness Center-Open All Day 10:00 Open Mahjong 11:00 Alhambra Theatre/ Come from Away 1:30 The Schmooze 2:30 Sunday Musical FC CL BUS CRY CL		06 All Day Erev Sukkot 9:30 Water Aerobics 10:15 Chair Strengthening 11:00 Chair Yoga 11:30 Decorate the Sukkah! 11:30 Walking Group 1:00 Errand Bus 1:30 Wonders of SOUTH KOREA The Best Places in South Korea 1:30 Strength for the Journey 3:30 Bingo 8:15 Jags vs Chiefs- ABC RGH Pool CL CL SU L L CL PC CL BUS		07 All Day Sukkot - Yom Tov - Day 1 9:30 Sukkot Services - Day 1 12:00 Blood Pressure Checks RGH PC CRY		08 All Day Sukkot - Yom Tov - Day 2 9:30 Sukkot Services - Day 2 RGH PC		09 All Day Sukkot - Intermediate Day 9:30 Chair Aerobics 10:15 Stretch / Balance Class 11:00 Tai Chi 11:30 Sukkot Lunch & Learn with Rabbi Merrill Shapiro 11:45 Cardio Drumming 12:50 Shopping Trip-Publix 1:30 Fresh Popcorn 2:00 Hook and Needle Group 4:00 Cocktail Gathering 4:30 "Birthday Bash" RGH CL CL CL SU CL L CL CL CL DR		10 All Day Sukkot - Intermediate Day 9:30 Water Aerobics 10:00 Social in the Sukkah! 10:15 Chair Strengthening 11:00 Meditation with Grant 11:30 Walking Group 1:00 Tech Help with Skip 3:30 Bingo 4:00 Shabbat Services 4:45 Shabbat Blessing with Steve Meisel RGH Pool SU CL CL L L CL PC DR		11 All Day Fitness Center-Open All Day Sukkot - Intermediate Day 9:30 Shabbat Services 11:30 Shabbat Lunch 5:00 Dinner Outing-Carolina Jax FC RGH PC DR L		12 All Day Fitness Center-Open All Day All Day Sukkot - Intermediate Day 10:00 Open Mahjong 1:00 Jags vs Seahawks- Fox 30 1:30 The Schmooze FC RGH CL CL CRY		13 All Day Sukkot - Hoshana Raba 9:30 Water Aerobics 10:15 Chair Strengthening 11:00 Chair Yoga 11:30 Walking Group 1:00 Errand Bus 1:30 Strength for the Journey 3:00 Bingo 4:00 Memorial Candle Lighting RGH Pool CL CL CL L L PC CL CA		14 All Day Shemini Atzeret / Yizkor 9:30 Shemini Atzeret Services w/Yizkor 12:00 Blood Pressure Checks RGH PC CRY		15 All Day Simchat Torah 9:30 Simchat Torah Services 4:00 Wine Down with Mauri RGH PC CL		16 9:30 Chair Aerobics 10:15 Stretch / Balance Class 11:00 Tai Chi 11:45 Cardio Drumming 12:50 Shopping Trip-Publix 1:30 Fresh Popcorn 2:00 Town Hall Meeting 4:00 Cocktail Gathering 7:00 Music with Steve Chapman CL CL CL CL L CL CL CL CL		17 9:30 Water Aerobics 10:00 Catholic Mass 10:15 Chair Strengthening 11:00 Meditation with Grant 11:30 Walking Group 1:00 Tech Help with Skip 2:00 MJGDS Meet and Greet w/ a Sweet Treat 3:30 Bingo 4:00 Shabbat Services 4:45 Shabbat Blessing with Steve Meisel Pool CA CL CL CL L L CL CL PC DR		18 All Day Fitness Center-Open All Day 9:30 Shabbat Services 11:30 Shabbat Lunch 4:00 Happy Hour 4:30 Living in Jacksonville with Bernie Nachman FC PC DR CL CL		19 All Day Fitness Center-Open All Day 9:30 Jags vs Rams -NFL Network 10:00 Open Mahjong 1:30 The Schmooze 2:30 Jacksonville Music Students Piano Recital FC BUS CL CRY CA		20 All Day Walking Challenge 9:30 Water Aerobics 10:00 Jacksonville Arboretum & Botanical Gardens 10:15 Chair Strengthening 11:00 Chair Yoga 11:30 Walking Group 1:00 Errand Bus 1:30 Strength for the Journey 3:00 Bingo 6:45 Paino with Jeremy Weinglass TV Pool BUS CL CL L CL PC CL CL		21 All Day Walking Challenge 9:30 Chair Aerobics 10:00 Community Event - JCA/Hadassah - Breast Cancer Awareness 10:15 Stretch / Balance Class 11:00 Tai Chi 11:45 Singing Circle with Minda 12:00 Blood Pressure Checks 12:50 Shopping Trip- 1:30 Tuesday Schmooze Day with Sarah & Liz 2:30 Jewish Wheel of Fortune! 4:00 Cocktail Gathering 6:45 Movie Night TV CL CA CL CL CL CL CRY L CA CL CL		22 All Day Walking Challenge 9:30 Water Aerobics 10:15 Chair Strengthening 11:15 Lunch with Lois 11:30 Walking Group 1:00 Chair Yoga 1:30 Non Denominational Services 3:00 Quarter Bingo 7:00 Town Hall Presentation of the 2024 Jewish Community Study of Northeast Florida TV Pool CL CL CL L CL PC CL CA		23 All Day Walking Challenge 9:30 Chair Aerobics 10:15 Stretch / Balance Class 10:30 Fall Festival w/ Ron Davis 11:00 Tai Chi 11:45 Cardio Drumming 12:50 Shopping Trip-Publix 1:30 St. John River Taxi Tour 2:00 Petting Zoo 4:00 Cocktail Gathering 6:30 Dr. Albert Bourla with Richard Salomon: The Continuing Specter of The Holocaust TV CL CL CP CL CL L BUS LL CL CL		24 All Day Walking Challenge 9:30 Water Aerobics 10:15 Chair Strengthening 11:00 Meditation with Grant 11:30 Walking Group 1:00 Tech Help with Skip 2:00 Torah with Laura 3:30 Bingo 4:00 Shabbat Services 4:45 Shabbat Blessing with Steve Meisel TV Pool CL CL CL L L CL CL PC DR		25 All Day Fitness Center-Open All Day 9:30 Shabbat Services 11:30 Shabbat Lunch 5:00 Dinner Outing-Outback Steak House FC PC DR L		26 All Day 2nd Annual River Garden Alz's Walk All Day Fitness Center-Open All Day 10:00 Open Mahjong 1:30 2nd Annual River Garden Campus Alzheimer Walk 1:30 The Schmooze 3:00 Music with Michael Murphy RGH FC CL FE CRY CL		27 9:30 Water Aerobics 10:15 Chair Strengthening 11:00 Chair Yoga 11:30 Walking Group 1:00 Errand Bus 1:30 Strength for the Journey 3:00 Bingo 6:45 Game Night Member Led Pool CL CL L L PC CL CL		28 9:00 Auxiliary Event - Opening Luncheon 9:30 Chair Aerobics 10:15 Stretch / Balance Class 11:00 Tai Chi 11:45 Singing Circle with Minda 12:00 Blood Pressure Checks 12:50 Shopping Trip- 2:00 Road Scholar — Age Well: Sleep & Brain Aging — How Rest Supports Cognitive Health 4:00 Cocktail Gathering 6:30 Music with Michael Burns CA CL CL CL CL CRY L CL CL CL		29 9:30 Water Aerobics 10:15 Chair Strengthening 11:30 Walking Group 1:00 Lecture with Yvette 2:00 Ask A Jewish Person with Nancy and Laura! 4:00 Pre-Dinner Trivia 6:30 Quarter Bingo Pool CL L CL L CL		30 9:30 Chair Aerobics 10:15 Stretch / Balance Class 11:00 Tai Chi 11:45 Cardio Drumming 12:50 Shopping Trip-Publix 1:30 Fresh Popcorn 4:00 Oktoberfest Social 4:30 Oktoberfest Themed Dinner 6:45 Movie Night CL CL CL CL L CL L DR CL		31 9:30 Water Aerobics 9:45 Symphony - Haunted Film Scores 10:00 Torah with Laura 10:15 Chair Strengthening 11:00 Meditation with Grant 11:30 Walking Group 1:00 Tech Help with Skip 2:30 Bingo 4:00 Shabbat Services 4:45 Shabbat Blessing with Steve Meisel Pool BUS CA CA CL L L CL PC DR			
		05 All Day Fitness Center-Open All Day 10:00 Open Mahjong 11:00 Alhambra Theatre/ Come from Away 1:30 The Schmooze 2:30 Sunday Musical FC CL BUS CRY CL		06 All Day Erev Sukkot 9:30 Water Aerobics 10:15 Chair Strengthening 11:00 Chair Yoga 11:30 Decorate the Sukkah! 11:30 Walking Group 1:00 Errand Bus 1:30 Wonders of SOUTH KOREA The Best Places in South Korea 1:30 Strength for the Journey 3:30 Bingo 8:15 Jags vs Chiefs- ABC RGH Pool CL CL SU L L CL PC CL BUS		07 All Day Sukkot - Yom Tov - Day 1 9:30 Sukkot Services - Day 1 12:00 Blood Pressure Checks RGH PC CRY		08 All Day Sukkot - Yom Tov - Day 2 9:30 Sukkot Services - Day 2 RGH PC		09 All Day Sukkot - Intermediate Day 9:30 Chair Aerobics 10:15 Stretch / Balance Class 11:00 Tai Chi 11:30 Sukkot Lunch & Learn with Rabbi Merrill Shapiro 11:45 Cardio Drumming 12:50 Shopping Trip-Publix 1:30 Fresh Popcorn 2:00 Hook and Needle Group 4:00 Cocktail Gathering 4:30 "Birthday Bash" RGH CL CL CL SU CL L CL CL CL DR		10 All Day Sukkot - Intermediate Day 9:30 Water Aerobics 10:00 Social in the Sukkah! 10:15 Chair Strengthening 11:00 Meditation with Grant 11:30 Walking Group 1:00 Tech Help with Skip 3:30 Bingo 4:00 Shabbat Services 4:45 Shabbat Blessing with Steve Meisel RGH Pool SU CL CL L L CL PC DR		11 All Day Fitness Center-Open All Day Sukkot - Intermediate Day 9:30 Shabbat Services 11:30 Shabbat Lunch 5:00 Dinner Outing-Carolina Jax FC RGH PC DR L		12 All Day Fitness Center-Open All Day All Day Sukkot - Intermediate Day 10:00 Open Mahjong 1:00 Jags vs Seahawks- Fox 30 1:30 The Schmooze FC RGH CL CL CRY		13 All Day Sukkot - Hoshana Raba 9:30 Water Aerobics 10:15 Chair Strengthening 11:00 Chair Yoga 11:30 Walking Group 1:00 Errand Bus 1:30 Strength for the Journey 3:00 Bingo 4:00 Memorial Candle Lighting RGH Pool CL CL CL L L PC CL CA		14 All Day Shemini Atzeret / Yizkor 9:30 Shemini Atzeret Services w/Yizkor 12:00 Blood Pressure Checks RGH PC CRY		15 All Day Simchat Torah 9:30 Simchat Torah Services 4:00 Wine Down with Mauri RGH PC CL		16 9:30 Chair Aerobics 10:15 Stretch / Balance Class 11:00 Tai Chi 11:45 Cardio Drumming 12:50 Shopping Trip-Publix 1:30 Fresh Popcorn 2:00 Town Hall Meeting 4:00 Cocktail Gathering 7:00 Music with Steve Chapman CL CL CL CL L CL CL CL CL		17 9:30 Water Aerobics 10:00 Catholic Mass 10:15 Chair Strengthening 11:00 Meditation with Grant 11:30 Walking Group 1:00 Tech Help with Skip 2:00 MJGDS Meet and Greet w/ a Sweet Treat 3:30 Bingo 4:00 Shabbat Services 4:45 Shabbat Blessing with Steve Meisel Pool CA CL CL CL L L CL CL PC DR		18 All Day Fitness Center-Open All Day 9:30 Shabbat Services 11:30 Shabbat Lunch 4:00 Happy Hour 4:30 Living in Jacksonville with Bernie Nachman FC PC DR CL CL		19 All Day Fitness Center-Open All Day 9:30 Jags vs Rams -NFL Network 10:00 Open Mahjong 1:30 The Schmooze 2:30 Jacksonville Music Students Piano Recital FC BUS CL CRY CA		20 All Day Walking Challenge 9:30 Water Aerobics 10:00 Jacksonville Arboretum & Botanical Gardens 10:15 Chair Strengthening 11:00 Chair Yoga 11:30 Walking Group 1:00 Errand Bus 1:30 Strength for the Journey 3:00 Bingo 6:45 Paino with Jeremy Weinglass TV Pool BUS CL CL L CL PC CL CL		21 All Day Walking Challenge 9:30 Chair Aerobics 10:00 Community Event - JCA/Hadassah - Breast Cancer Awareness 10:15 Stretch / Balance Class 11:00 Tai Chi 11:45 Singing Circle with Minda 12:00 Blood Pressure Checks 12:50 Shopping Trip- 1:30 Tuesday Schmooze Day with Sarah & Liz 2:30 Jewish Wheel of Fortune! 4:00 Cocktail Gathering 6:45 Movie Night TV CL CA CL CL CL CL CRY L CA CL CL		22 All Day Walking Challenge 9:30 Water Aerobics 10:15 Chair Strengthening 11:15 Lunch with Lois 11:30 Walking Group 1:00 Chair Yoga 1:30 Non Denominational Services 3:00 Quarter Bingo 7:00 Town Hall Presentation of the 2024 Jewish Community Study of Northeast Florida TV Pool CL CL CL L CL PC CL CA		23 All Day Walking Challenge 9:30 Chair Aerobics 10:15 Stretch / Balance Class 10:30 Fall Festival w/ Ron Davis 11:00 Tai Chi 11:45 Cardio Drumming 12:50 Shopping Trip-Publix 1:30 St. John River Taxi Tour 2:00 Petting Zoo 4:00 Cocktail Gathering 6:30 Dr. Albert Bourla with Richard Salomon: The Continuing Specter of The Holocaust TV CL CL CP CL CL L BUS LL CL CL		24 All Day Walking Challenge 9:30 Water Aerobics 10:15 Chair Strengthening 11:00 Meditation with Grant 11:30 Walking Group 1:00 Tech Help with Skip 2:00 Torah with Laura 3:30 Bingo 4:00 Shabbat Services 4:45 Shabbat Blessing with Steve Meisel TV Pool CL CL CL L L CL CL PC DR		25 All Day Fitness Center-Open All Day 9:30 Shabbat Services 11:30 Shabbat Lunch 5:00 Dinner Outing-Outback Steak House FC PC DR L		26 All Day 2nd Annual River Garden Alz's Walk All Day Fitness Center-Open All Day 10:00 Open Mahjong 1:30 2nd Annual River Garden Campus Alzheimer Walk 1:30 The Schmooze 3:00 Music with Michael Murphy RGH FC CL FE CRY CL		27 9:30 Water Aerobics 10:15 Chair Strengthening 11:00 Chair Yoga 11:30 Walking Group 1:00 Errand Bus 1:30 Strength for the Journey 3:00 Bingo 6:45 Game Night Member Led Pool CL CL L L PC CL CL		28 9:00 Auxiliary Event - Opening Luncheon 9:30 Chair Aerobics 10:15 Stretch / Balance Class 11:00 Tai Chi 11:45 Singing Circle with Minda 12:00 Blood Pressure Checks 12:50 Shopping Trip- 2:00 Road Scholar — Age Well: Sleep & Brain Aging — How Rest Supports Cognitive Health 4:00 Cocktail Gathering 6:30 Music with Michael Burns CA CL CL CL CL CRY L CL CL CL		29 9:30 Water Aerobics 10:15 Chair Strengthening 11:30 Walking Group 1:00 Lecture with Yvette 2:00 Ask A Jewish Person with Nancy and Laura! 4:00 Pre-Dinner Trivia 6:30 Quarter Bingo Pool CL L CL L CL		30 9:30 Chair Aerobics 10:15 Stretch / Balance Class 11:00 Tai Chi 11:45 Cardio Drumming 12:50 Shopping Trip-Publix 1:30 Fresh Popcorn 4:00 Oktoberfest Social 4:30 Oktoberfest Themed Dinner 6:45 Movie Night CL CL CL CL L CL L DR CL		31 9:30 Water Aerobics 9:45 Symphony - Haunted Film Scores 10:00 Torah with Laura 10:15 Chair Strengthening 11:00 Meditation with Grant 11:30 Walking Group 1:00 Tech Help with Skip 2:30 Bingo 4:00 Shabbat Services 4:45 Shabbat Blessing with Steve Meisel Pool BUS CA CA CL L L CL PC DR																	
		12 All Day Fitness Center-Open All Day All Day Sukkot - Intermediate Day 10:00 Open Mahjong 1:00 Jags vs Seahawks- Fox 30 1:30 The Schmooze FC RGH CL CL CRY		13 All Day Sukkot - Hoshana Raba 9:30 Water Aerobics 10:15 Chair Strengthening 11:00 Chair Yoga 11:30 Walking Group 1:00 Errand Bus 1:30 Strength for the Journey 3:00 Bingo 4:00 Memorial Candle Lighting RGH Pool CL CL CL L L PC CL CA		14 All Day Shemini Atzeret / Yizkor 9:30 Shemini Atzeret Services w/Yizkor 12:00 Blood Pressure Checks RGH PC CRY		15 All Day Simchat Torah 9:30 Simchat Torah Services 4:00 Wine Down with Mauri RGH PC CL		16 9:30 Chair Aerobics 10:15 Stretch / Balance Class 11:00 Tai Chi 11:45 Cardio Drumming 12:50 Shopping Trip-Publix 1:30 Fresh Popcorn 2:00 Town Hall Meeting 4:00 Cocktail Gathering 7:00 Music with Steve Chapman CL CL CL CL L CL CL CL CL		17 9:30 Water Aerobics 10:00 Catholic Mass 10:15 Chair Strengthening 11:00 Meditation with Grant 11:30 Walking Group 1:00 Tech Help with Skip 2:00 MJGDS Meet and Greet w/ a Sweet Treat 3:30 Bingo 4:00 Shabbat Services 4:45 Shabbat Blessing with Steve Meisel Pool CA CL CL CL L L CL CL PC DR		18 All Day Fitness Center-Open All Day 9:30 Shabbat Services 11:30 Shabbat Lunch 4:00 Happy Hour 4:30 Living in Jacksonville with Bernie Nachman FC PC DR CL CL		19 All Day Fitness Center-Open All Day 9:30 Jags vs Rams -NFL Network 10:00 Open Mahjong 1:30 The Schmooze 2:30 Jacksonville Music Students Piano Recital FC BUS CL CRY CA		20 All Day Walking Challenge 9:30 Water Aerobics 10:00 Jacksonville Arboretum & Botanical Gardens 10:15 Chair Strengthening 11:00 Chair Yoga 11:30 Walking Group 1:00 Errand Bus 1:30 Strength for the Journey 3:00 Bingo 6:45 Paino with Jeremy Weinglass TV Pool BUS CL CL L CL PC CL CL		21 All Day Walking Challenge 9:30 Chair Aerobics 10:00 Community Event - JCA/Hadassah - Breast Cancer Awareness 10:15 Stretch / Balance Class 11:00 Tai Chi 11:45 Singing Circle with Minda 12:00 Blood Pressure Checks 12:50 Shopping Trip- 1:30 Tuesday Schmooze Day with Sarah & Liz 2:30 Jewish Wheel of Fortune! 4:00 Cocktail Gathering 6:45 Movie Night TV CL CA CL CL CL CL CRY L CA CL CL		22 All Day Walking Challenge 9:30 Water Aerobics 10:15 Chair Strengthening 11:15 Lunch with Lois 11:30 Walking Group 1:00 Chair Yoga 1:30 Non Denominational Services 3:00 Quarter Bingo 7:00 Town Hall Presentation of the 2024 Jewish Community Study of Northeast Florida TV Pool CL CL CL L CL PC CL CA		23 All Day Walking Challenge 9:30 Chair Aerobics 10:15 Stretch / Balance Class 10:30 Fall Festival w/ Ron Davis 11:00 Tai Chi 11:45 Cardio Drumming 12:50 Shopping Trip-Publix 1:30 St. John River Taxi Tour 2:00 Petting Zoo 4:00 Cocktail Gathering 6:30 Dr. Albert Bourla with Richard Salomon: The Continuing Specter of The Holocaust TV CL CL CP CL CL L BUS LL CL CL		24 All Day Walking Challenge 9:30 Water Aerobics 10:15 Chair Strengthening 11:00 Meditation with Grant 11:30 Walking Group 1:00 Tech Help with Skip 2:00 Torah with Laura 3:30 Bingo 4:00 Shabbat Services 4:45 Shabbat Blessing with Steve Meisel TV Pool CL CL CL L L CL CL PC DR		25 All Day Fitness Center-Open All Day 9:30 Shabbat Services 11:30 Shabbat Lunch 5:00 Dinner Outing-Outback Steak House FC PC DR L		26 All Day 2nd Annual River Garden Alz's Walk All Day Fitness Center-Open All Day 10:00 Open Mahjong 1:30 2nd Annual River Garden Campus Alzheimer Walk 1:30 The Schmooze 3:00 Music with Michael Murphy RGH FC CL FE CRY CL		27 9:30 Water Aerobics 10:15 Chair Strengthening 11:00 Chair Yoga 11:30 Walking Group 1:00 Errand Bus 1:30 Strength for the Journey 3:00 Bingo 6:45 Game Night Member Led Pool CL CL L L PC CL CL		28 9:00 Auxiliary Event - Opening Luncheon 9:30 Chair Aerobics 10:15 Stretch / Balance Class 11:00 Tai Chi 11:45 Singing Circle with Minda 12:00 Blood Pressure Checks 12:50 Shopping Trip- 2:00 Road Scholar — Age Well: Sleep & Brain Aging — How Rest Supports Cognitive Health 4:00 Cocktail Gathering 6:30 Music with Michael Burns CA CL CL CL CL CRY L CL CL CL		29 9:30 Water Aerobics 10:15 Chair Strengthening 11:30 Walking Group 1:00 Lecture with Yvette 2:00 Ask A Jewish Person with Nancy and Laura! 4:00 Pre-Dinner Trivia 6:30 Quarter Bingo Pool CL L CL L CL		30 9:30 Chair Aerobics 10:15 Stretch / Balance Class 11:00 Tai Chi 11:45 Cardio Drumming 12:50 Shopping Trip-Publix 1:30 Fresh Popcorn 4:00 Oktoberfest Social 4:30 Oktoberfest Themed Dinner 6:45 Movie Night CL CL CL CL L CL L DR CL		31 9:30 Water Aerobics 9:45 Symphony - Haunted Film Scores 10:00 Torah with Laura 10:15 Chair Strengthening 11:00 Meditation with Grant 11:30 Walking Group 1:00 Tech Help with Skip 2:30 Bingo 4:00 Shabbat Services 4:45 Shabbat Blessing with Steve Meisel Pool BUS CA CA CL L L CL PC DR																															
		19 All Day Fitness Center-Open All Day 9:30 Jags vs Rams -NFL Network 10:00 Open Mahjong 1:30 The Schmooze 2:30 Jacksonville Music Students Piano Recital FC BUS CL CRY CA		20 All Day Walking Challenge 9:30 Water Aerobics 10:00 Jacksonville Arboretum & Botanical Gardens 10:15 Chair Strengthening 11:00 Chair Yoga 11:30 Walking Group 1:00 Errand Bus 1:30 Strength for the Journey 3:00 Bingo 6:45 Paino with Jeremy Weinglass TV Pool BUS CL CL L CL PC CL CL		21 All Day Walking Challenge 9:30 Chair Aerobics 10:00 Community Event - JCA/Hadassah - Breast Cancer Awareness 10:15 Stretch / Balance Class 11:00 Tai Chi 11:45 Singing Circle with Minda 12:00 Blood Pressure Checks 12:50 Shopping Trip- 1:30 Tuesday Schmooze Day with Sarah & Liz 2:30 Jewish Wheel of Fortune! 4:00 Cocktail Gathering 6:45 Movie Night TV CL CA CL CL CL CL CRY L CA CL CL		22 All Day Walking Challenge 9:30 Water Aerobics 10:15 Chair Strengthening 11:15 Lunch with Lois 11:30 Walking Group 1:00 Chair Yoga 1:30 Non Denominational Services 3:00 Quarter Bingo 7:00 Town Hall Presentation of the 2024 Jewish Community Study of Northeast Florida TV Pool CL CL CL L CL PC CL CA		23 All Day Walking Challenge 9:30 Chair Aerobics 10:15 Stretch / Balance Class 10:30 Fall Festival w/ Ron Davis 11:00 Tai Chi 11:45 Cardio Drumming 12:50 Shopping Trip-Publix 1:30 St. John River Taxi Tour 2:00 Petting Zoo 4:00 Cocktail Gathering 6:30 Dr. Albert Bourla with Richard Salomon: The Continuing Specter of The Holocaust TV CL CL CP CL CL L BUS LL CL CL		24 All Day Walking Challenge 9:30 Water Aerobics 10:15 Chair Strengthening 11:00 Meditation with Grant 11:30 Walking Group 1:00 Tech Help with Skip 2:00 Torah with Laura 3:30 Bingo 4:00 Shabbat Services 4:45 Shabbat Blessing with Steve Meisel TV Pool CL CL CL L L CL CL PC DR		25 All Day Fitness Center-Open All Day 9:30 Shabbat Services 11:30 Shabbat Lunch 5:00 Dinner Outing-Outback Steak House FC PC DR L		26 All Day 2nd Annual River Garden Alz's Walk All Day Fitness Center-Open All Day 10:00 Open Mahjong 1:30 2nd Annual River Garden Campus Alzheimer Walk 1:30 The Schmooze 3:00 Music with Michael Murphy RGH FC CL FE CRY CL		27 9:30 Water Aerobics 10:15 Chair Strengthening 11:00 Chair Yoga 11:30 Walking Group 1:00 Errand Bus 1:30 Strength for the Journey 3:00 Bingo 6:45 Game Night Member Led Pool CL CL L L PC CL CL		28 9:00 Auxiliary Event - Opening Luncheon 9:30 Chair Aerobics 10:15 Stretch / Balance Class 11:00 Tai Chi 11:45 Singing Circle with Minda 12:00 Blood Pressure Checks 12:50 Shopping Trip- 2:00 Road Scholar — Age Well: Sleep & Brain Aging — How Rest Supports Cognitive Health 4:00 Cocktail Gathering 6:30 Music with Michael Burns CA CL CL CL CL CRY L CL CL CL		29 9:30 Water Aerobics 10:15 Chair Strengthening 11:30 Walking Group 1:00 Lecture with Yvette 2:00 Ask A Jewish Person with Nancy and Laura! 4:00 Pre-Dinner Trivia 6:30 Quarter Bingo Pool CL L CL L CL		30 9:30 Chair Aerobics 10:15 Stretch / Balance Class 11:00 Tai Chi 11:45 Cardio Drumming 12:50 Shopping Trip-Publix 1:30 Fresh Popcorn 4:00 Oktoberfest Social 4:30 Oktoberfest Themed Dinner 6:45 Movie Night CL CL CL CL L CL L DR CL		31 9:30 Water Aerobics 9:45 Symphony - Haunted Film Scores 10:00 Torah with Laura 10:15 Chair Strengthening 11:00 Meditation with Grant 11:30 Walking Group 1:00 Tech Help with Skip 2:30 Bingo 4:00 Shabbat Services 4:45 Shabbat Blessing with Steve Meisel Pool BUS CA CA CL L L CL PC DR																																													
		26 All Day 2nd Annual River Garden Alz's Walk All Day Fitness Center-Open All Day 10:00 Open Mahjong 1:30 2nd Annual River Garden Campus Alzheimer Walk 1:30 The Schmooze 3:00 Music with Michael Murphy RGH FC CL FE CRY CL		27 9:30 Water Aerobics 10:15 Chair Strengthening 11:00 Chair Yoga 11:30 Walking Group 1:00 Errand Bus 1:30 Strength for the Journey 3:00 Bingo 6:45 Game Night Member Led Pool CL CL L L PC CL CL		28 9:00 Auxiliary Event - Opening Luncheon 9:30 Chair Aerobics 10:15 Stretch / Balance Class 11:00 Tai Chi 11:45 Singing Circle with Minda 12:00 Blood Pressure Checks 12:50 Shopping Trip- 2:00 Road Scholar — Age Well: Sleep & Brain Aging — How Rest Supports Cognitive Health 4:00 Cocktail Gathering 6:30 Music with Michael Burns CA CL CL CL CL CRY L CL CL CL		29 9:30 Water Aerobics 10:15 Chair Strengthening 11:30 Walking Group 1:00 Lecture with Yvette 2:00 Ask A Jewish Person with Nancy and Laura! 4:00 Pre-Dinner Trivia 6:30 Quarter Bingo Pool CL L CL L CL		30 9:30 Chair Aerobics 10:15 Stretch / Balance Class 11:00 Tai Chi 11:45 Cardio Drumming 12:50 Shopping Trip-Publix 1:30 Fresh Popcorn 4:00 Oktoberfest Social 4:30 Oktoberfest Themed Dinner 6:45 Movie Night CL CL CL CL L CL L DR CL		31 9:30 Water Aerobics 9:45 Symphony - Haunted Film Scores 10:00 Torah with Laura 10:15 Chair Strengthening 11:00 Meditation with Grant 11:30 Walking Group 1:00 Tech Help with Skip 2:30 Bingo 4:00 Shabbat Services 4:45 Shabbat Blessing with Steve Meisel Pool BUS CA CA CL L L CL PC DR																																																											

*Activities are subject to change.