The Coves

HAPPY NEW YEAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	JANUARY 2026
				01 9:30 Chair Aerobics CL 10:15 Stretch / Balance Class CL 11:00 Tai Chi CL 11:35 Cardio Drumming CL 12:50 Shopping Trip-Publix L 1:30 Jump Starting the New Year off with Buster! CA 2:00 New Years Day Bingo CL 4:00 Cocktail Gathering CL 6:45 Movie Night- When Harry met Sally CL	**02** 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Meditation with Grant CL 11:30 Walking Group L 1:00 Tech Help with Skip L 2:00 Torah with Laura CL 3:30 Bingo CL 4:00 Shabbat Services PC 4:45 Shabbat Blessing with Steve Meisel DR	**03** All Day Fitness Center- Open All Day FC 9:30 Shabbat Services PC 11:30 Shabbat Lunch DR 4:00 Happy Hour CL	Meeting Places **BUS** Bus **CL** CV-Club Room **CRY** CV-Crystal Cove **DR** CV-Dining Room **FC** CV-Fitness Center **L** CV-Lobby **Pool** CV-Pool **PDR** CV-Private Dining Room **LL** Lake Lea **CA** RG-Cohen Auditorium **FP** RG-Frisch Pavilion **PC** RG-Parker Chapel
04 All Day Fitness Center- Open All Day FC 10:00 Open Mahjong CL 1:00 Jags -vs- Titans BUS 1:30 The Schmooze CRY	**05** 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Chair Yoga CL 11:30 Lunch Bunch- Grumpy Restaurant CL 11:30 Walking Group L 1:30 Strength for the Journey PC 2:00 Crosswords CL 3:00 Bingo CL 6:45 Monday Musical CL	**06** 9:30 Chair Aerobics CL 10:15 Stretch / Balance Class CL 11:00 Tai Chi CL 11:30 Singing Circle with Minda CL 12:00 Blood Pressure Checks CRY 12:50 Shopping Trip- Winn Dixie L 2:00 Winter Craft CL 4:00 Cocktail Gathering CL 6:30 Game Night - Member Led CL	**07** 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:30 Walking Group L 1:00 Chair Yoga CL 1:30 Travelogue- Siberia- The Coldest Place on Earth CL 3:30 Quarter Bingo CL 4:00 Pre-Dinner Trivia L	**08** 9:30 Chair Aerobics CL 10:00 Community Event - Jewish Java CA 10:15 Stretch / Balance Class CL 11:00 Tai Chi CL 11:35 Cardio Drumming CL 12:50 Shopping Trip-Publix L 4:00 Cocktail Gathering CL 4:30 "Birthday Bash" DR 6:45 Movie Night CL	**09** 9:30 Water Aerobics Pool 9:45 Symphony- John Williams' America BUS 10:00 Torah with Laura CA 10:15 Chair Strengthening CL 11:00 Meditation with Grant CL 11:30 Walking Group L 1:00 Tech Help with Skip L 2:00 Magevet Acapella Singing Performance CA 3:30 Bingo CL 4:00 Shabbat Services PC 4:45 Shabbat Blessing with Steve Meisel DR	**10** All Day Fitness Center- Open All Day FC 9:30 Shabbat Services PC 11:30 Shabbat Lunch DR 5:00 Dinner Outing- Peony's L	
11 All Day Fitness Center- Open All Day FC 10:00 Open Mahjong CL 1:30 The Schmooze CRY	**12** 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Chair Yoga CL 11:30 Walking Group L 1:00 Errand Bus BUS 1:30 Strength for the Journey PC 3:00 Bingo CL	**13** 9:30 Chair Aerobics CL 10:15 Stretch / Balance Class CL 10:30 Israeli Guest Speaker: Eran Ben Ze'ev CA 11:00 Tai Chi CL 11:30 Singing Circle with Minda CL 12:00 Blood Pressure Checks CRY 12:50 Shopping Trip- Walmart (San Jose) L 2:00 Visual Trivia CA 2:00 Hook and Needle Group CL 4:00 Cocktail Gathering CL	**14** 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:30 Walking Group L 1:00 Chair Yoga CL 3:00 Quarter Bingo CL 3:30 Community Event - Alz Support Group PC 3:30 Bobbie Jo Israel Send-Off Party CA 4:00 Pre-Dinner Trivia L	**15** All Day National Hat Day PDR 9:30 Chair Aerobics CL 10:15 Stretch / Balance Class CL 11:00 Tai Chi CL 11:45 Cardio Drumming CL 12:50 Shopping Trip-Publix L 2:00 Ask Us Any Anything - Rituals Edition CL 4:00 Cocktail Gathering CL 4:30 National Hat Day Theme Dinner DR 6:45 Jewish Life Presents Eleanor The Great CL	**16** 9:30 Water Aerobics Pool 10:00 Catholic Mass CA 10:15 Chair Strengthening CL 11:00 Nature Watch: From our Dock to Israel's Sea of Galilee LL 11:00 Meditation with Grant CL 11:30 Cummer Museum CL 11:30 Walking Group L 1:00 Tech Help with Skip L 2:00 Torah with Laura CL 3:30 Bingo CL 4:00 Shabbat Services PC 4:45 Shabbat Blessing with Steve Meisel DR	**17** All Day Fitness Center- Open All Day FC 9:30 Shabbat Services PC 11:30 Shabbat Lunch DR 4:00 Happy Hour CL 5:00 Music with Seed CL	***Activities are subject to change.**
18 All Day Fitness Center- Open All Day FC 10:00 Open Mahjong CL 1:30 The Schmooze CRY 2:30 JCA- Concert Series - Benett Tsai/Cello BUS	**19** 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Traveling Along with Bobbie Jo CA 11:00 Chair Yoga CL 11:30 Walking Group L 1:00 Errand Bus L 1:30 Strength for the Journey PC 3:00 Bingo CL	**20** 9:30 Chair Aerobics CL 10:00 Auxiliary Board Meetings PC 10:15 Stretch / Balance Class CL 11:00 Tai Chi CL 11:30 Singing Circle with Minda CL 12:00 Blood Pressure Checks CRY 12:50 Shopping Trip- Target L 2:30 Flavors of Israel with Jewish Life! FP 4:00 Cocktail Gathering CL	**21** 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Learn about Israeli Music with Oren! CA 11:30 Walking Group L 1:00 Chair Yoga CL 1:30 Non Denominational Services PC 3:00 Quarter Bingo CL 4:00 Pre-Dinner Trivia L	**22** 9:30 Chair Aerobics CL 10:15 Stretch / Balance Class CL 11:00 Tai Chi CL 11:45 Cardio Drumming CL 12:50 Shopping Trip-Publix L 2:00 Jerusalem: Center of the World CA 4:00 Cocktail Gathering CL 4:30 Wine Down with Mauri CL 6:45 Movie Night CL	**23** 9:30 Water Aerobics Pool 10:00 Torah with Laura PC 10:00 Friday Musical Outing BUS 10:15 Chair Strengthening CL 11:00 Meditation with Grant CL 11:30 Walking Group L 1:00 Tech Help with Skip L 3:00 Bingo CL 4:00 Shabbat Services PC 4:45 Shabbat Blessing with Steve Meisel DR	**24** All Day Fitness Center- Open All Day FC 9:30 Shabbat Services PC 11:30 Shabbat Lunch DR 5:00 Dinner Outing- Applebee's L	
25 All Day Fitness Center- Open All Day FC 10:00 Open Mahjong CL 1:30 The Schmooze CRY 3:00 Music with Michael Murphy CL	**26** 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Chair Yoga CL 11:30 Walking Group L 1:00 Errand Bus L 1:30 Strength for the Journey PC 2:00 Road Scholar Online Lecture: Georgia O'Keeffe — Visions of an American Pioneer CL 3:00 Bingo CL	**27** 9:30 Chair Aerobics CL 10:15 Stretch / Balance Class CL 11:00 Tai Chi CL 11:30 Singing Circle with Minda CL 12:00 Blood Pressure Checks CRY 12:50 Shopping Trip- Small Walmart L 2:00 Hook and Needle Group CL 4:00 Cocktail Gathering CL	**28** 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:30 Walking Group L 1:00 Lecture with Yvette CL 3:00 Quarter Bingo CL 4:00 Pre-Dinner Trivia L	**29** 9:30 Chair Aerobics CL 10:15 Stretch / Balance Class CL 11:00 Tai Chi CL 11:45 Cardio Drumming CL 12:50 Shopping Trip-Publix L 4:30 Cocktail Gathering CL 6:45 Movie Night CL	**30** 9:30 Water Aerobics Pool 9:45 Symphony- Silly Love Songs BUS 10:15 Chair Strengthening CL 11:00 Meditation with Grant CL 11:30 Walking Group L 1:00 Tech Help with Skip L 2:00 Torah with Laura CL 3:00 Bingo CL 4:00 Shabbat Services PC 4:45 Shabbat Blessing with Steve Meisel DR	**31** All Day Fitness Center-Open All Day FC 9:30 Shabbat Services PC 11:30 Shabbat Lunch DR 4:00 Member Led Dinner CL 5:00 NEW! Music with Mr. Kelly Burke CL	