

# The Coves



**SUNDAY                      MONDAY                      TUESDAY                      WEDNESDAY                      THURSDAY                      FRIDAY                      SATURDAY                      FEBRUARY 2026**

<b>01</b>	<b>02</b>	<b>03</b>	<b>04</b>	<b>05</b>	<b>06</b>	<b>07</b>
All Day Fitness Center-Open All Day 10:00 Open Mahjong 11:30 Crosswords 1:30 The Schmooze 3:00 Quarter Bingo 6:30 Member Led- Card Game	All Day Tu B'Shevat - "Birthday of the Trees" 9:30 Water Aerobics 10:15 Chair Strengthening 11:00 Chair Yoga 11:30 Walking Group 1:00 Errand Bus 1:00 Rosary Prayer Group - Member Led 1:30 Strength for the Journey 3:00 Dollar Bingo 6:45 Movie Night- The Brutalist	9:30 JCA Out- Growing Up in the Catskills 9:30 Chair Aerobics 10:15 Stretch / Balance Class 11:00 Tai Chi 11:30 Singing Circle with Minda 12:00 Blood Pressure Checks 12:50 Shopping Trip- Flower Vase Painting 2:30 Poetry Night	9:30 Water Aerobics 10:15 Chair Strengthening 11:15 Lunch with Lois 11:30 Walking Group 1:00 Chair Yoga 2:00 The Hidden Language of Trees Film with Jewish Life 4:00 Pre-Dinner Trivia 4:30 Winter Cozy Mix Up Themed Dinner 6:45 Quarter Bingo	9:30 Chair Aerobics 10:15 Stretch / Balance Class 11:00 Tai Chi 11:35 Cardio Drumming 12:50 Shopping Trip-Publix 3:00 Activities Planning with Liz & Sarah 6:45 AI Self Portrait review	9:30 Water Aerobics 10:15 Chair Strengthening 11:00 Meditation with Grant 11:30 Walking Group 1:00 Bingo 1:00 Tech Help with Skip 2:00 Tu B'Shevat Seder with MJGDS 2:00 You Be the Judge with Bobbie Jo 4:00 Shabbat Services 4:45 Shabbat Blessing with Steve Meisel	All Day Fitness Center-Open All Day 9:30 Shabbat Services 11:30 Shabbat Lunch 4:00 Happy Hour 5:00 Music with Seed
<b>08</b>	<b>09</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
All Day Fitness Center-Open All Day 10:00 Open Mahjong 11:30 Crosswords 11:30 Quarter Bingo 1:30 The Schmooze 3:00 Super Bowl Tailgate Party 6:30 Super Bowl LX Game- Patriots vs Seahawks (NBC)	9:30 Water Aerobics 10:15 Chair Strengthening 11:00 Chair Yoga 11:30 Lunch Bunch -Vino's Pizza 11:30 Walking Group 1:00 Rosary Prayer Group - Member Led 1:30 Strength for the Journey 3:00 Dollar Bingo 6:45 Music with Buster	9:30 Chair Aerobics 10:15 Stretch / Balance Class 11:00 Tai Chi 11:30 Singing Circle with Minda 12:00 Blood Pressure Checks 12:50 Shopping Trip- Joke Night with Ritz Kozak	9:30 Water Aerobics 10:15 Chair Strengthening 11:30 Community Event - Author Harry Agress (JCA) 11:30 Walking Group 1:00 Chair Yoga 2:00 Jewish Wheel of Fortune 2:30 Painting with Robyn 3:30 Community Event - Alz Support Group 4:00 Pre-Dinner Trivia 6:45 Quarter Bingo	9:30 Chair Aerobics 10:15 Stretch / Balance Class 11:00 Tai Chi 11:45 Cardio Drumming 12:50 Shopping Trip-Publix 4:30 "Birthday Bash" 6:45 Coves Team Jeopardy	8:00 Memorial Service for Jack Sawinski 9:30 Water Aerobics 10:00 Torah with Laura 10:15 Chair Strengthening 11:00 Meditation with Grant 11:30 Walking Group 1:00 Celebration of Life Jack Sawinski 1:00 Tech Help with Skip 3:30 Bingo 4:00 Shabbat Services 4:45 Shabbat Blessing with Steve Meisel	All Day Fitness Center-Open All Day 9:30 Shabbat Services 11:30 Shabbat Lunch 4:00 Irene's Birthday Celebration 5:00 Dinner Outing- Metro Diner
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
All Day Fitness Center-Open All Day 10:00 Open Mahjong 11:30 Crosswords 1:30 The Schmooze	9:30 Water Aerobics 10:15 Chair Strengthening 10:30 JCA Music Concert Series 11:00 Chair Yoga 11:30 Walking Group 1:00 Errand Bus 1:00 Rosary Prayer Group - Member Led 1:30 Strength for the Journey 3:00 Dollar Bingo 6:45 Jewish Life Films: Quartet	9:30 Chair Aerobics 10:15 Stretch / Balance Class 11:00 Tai Chi 11:30 Singing Circle with Minda 12:00 Blood Pressure Checks 12:50 Shopping Trip- Coves Family Feud	9:30 Water Aerobics 10:00 Ash Wednesday Services with Receiving Ashes 10:15 Chair Strengthening 11:30 Walking Group 1:00 Chair Yoga 1:00 Road Scholar-Online Lecture: Forging a Friendship -- Jefferson & Madison's Northern Journey 1:30 Non Denominational Services 2:00 Torah on the Radio: Bible in Pop Music 4:00 Pre-Dinner Trivia 6:00 Community Event - Jewish Genealogy 6:30 Jacksonville Hadassah Pt 2 Jewish Women of Strength 6:45 Quarter Bingo	9:30 Chair Aerobics 10:15 Stretch / Balance Class 11:00 Tai Chi 11:45 Cardio Drumming 12:50 Shopping Trip-Publix 5:00 Coves 31st Anniversary	9:30 Water Aerobics 9:45 Symphony- Rodgers, Hart & Hammerstein 10:00 Catholic Mass 10:15 Chair Strengthening 11:00 Meditation with Grant 11:30 Walking Group 1:00 Tech Help with Skip 2:00 Torah with Laura 3:30 Bingo 4:00 Shabbat Services 4:45 Shabbat Blessing with Steve Meisel	All Day Fitness Center-Open All Day 9:30 Shabbat Services 11:30 Shabbat Lunch 4:00 Happy Hour 5:00 Lois
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
All Day Fitness Center-Open All Day 10:00 Open Mahjong 11:30 Crosswords 12:00 Bingo 1:30 The Schmooze 3:00 Music with Michael Murphy	9:30 Water Aerobics 10:15 Chair Strengthening 11:00 Chair Yoga 11:30 Walking Group 1:00 Errand Bus 1:00 Rosary Prayer Group - Member Led 1:30 Strength for the Journey 3:00 Dollar Bingo 6:45 Piano with Jeremy Wineglass	9:30 Chair Aerobics 10:15 Stretch / Balance Class 11:00 Tai Chi 11:30 Singing Circle with Minda 12:00 Blood Pressure Checks 12:50 Shopping Trip-	9:30 Water Aerobics 10:15 Chair Strengthening 11:30 Walking Group 1:00 Lecture with Yvette 2:00 Recycles Band Music Performance 4:00 Pre-Dinner Trivia 6:45 Quarter Bingo	9:30 Chair Aerobics 10:15 Stretch / Balance Class 11:00 Tai Chi 11:45 Cardio Drumming 12:50 Shopping Trip-Publix 2:30 Jewish Life Cooks for Purim! 4:00 Wine Down with Mauri	9:30 Water Aerobics 10:00 Torah with Laura 10:15 Chair Strengthening 11:00 Meditation with Grant 11:30 Walking Group 12:30 Mandarin Museum- When the Kiln is Opened: The Art of Charlie Moses Brown 1:00 Tech Help with Skip 3:00 Bingo 4:00 Shabbat Services 4:45 Shabbat Blessing with Steve Meisel	All Day Fitness Center-Open All Day 9:30 Shabbat Services 11:30 Shabbat Lunch 5:00 Dinner Outing- Sakura

- Meeting Places  
**BUS** Bus  
**CAN** CV-Canopy Cove  
**CC** CV-Cedar Cove-near apt. 64  
**CL** CV-Club Room  
**CRY** CV-Crystal Cove  
**DR** CV-Dining Room  
**FC** CV-Fitness Center  
**GAR** CV-Garden Cove  
**L** CV-Lobby  
**Pool** CV-Pool  
**CA** RG-Cohen Auditorium  
**FP** RG-Frisch Pavilion  
**RGH** RG-Housewide  
**PC** RG-Parker Chapel

**\*Activities are**

**subject to change.**