The Coves

MAY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

May 31

All Day	Fitness Center-Open All Day	FC
10:00	Open Mahjong	CL
11:30	Crosswords	CC
1:30	Quarter Bingo	CL
1:30	The Schmooze	CRY
2:00	Student Piano Recital	CA
3:00	Music with Michael Murphy	CL
6:45	Open Game Night	CL

01

9:30	Water Aerobics	Pool
10:15	Chair Strengthening	CL
11:30	Walking Group	L
1:00	Tech Help with Skip	L
2:00	Torah with Laura	CL
3:30	Bingo	CL
4:00	Shabbat Services	PC
4:45	Shabbat Blessing with Steve Meisel	DR

02

All Day	Fitness Center-Open All Day	FC
9:30	Shabbat Services	PC
11:30	Shabbat Lunch	DR
5:00	Kentucky Derby/ Happy Hour	CL

03

All Day	Fitness Center-Open All Day	FC
10:00	Open Mahjong	CL
11:30	Crosswords	CC
1:30	The Schmooze	CRY
3:00	Quarter Bingo	CL
6:45	Open Game Night	CL

04

9:30	Water Aerobics	Pool
10:15	Chair Strengthening	CL
11:00	Chair Yoga	CL
11:30	Walking Group	L
1:00	Errand Bus	BUS
1:00	Rosary Prayer Group - Member Led	CAN
1:30	Strength for the Journey	PC
3:00	Bingo	CL
6:45	Movie Night- The Penguin Lessons	CL

05

All Day	Lag B'Omer	RGH
9:30	Chair Aerobics	CL
10:15	Stretch / Balance Class	CL
11:00	Tai Chi	CL
11:30	Singing Circle with Minda	CL
12:00	Blood Pressure Checks	CRY
12:30	Cinco de Mayo Fiesta	CL
12:50	Shopping Trip- Winn Dixie	L
4:30	Lag B'Omer	CL
6:45	Advice Column Club	CL

06

9:30	Water Aerobics	Pool
10:15	Chair Strengthening	CL
11:00	Mediation	CL
11:30	Walking Group	L
12:15	Regal Movies Outing- The Metropolitan Opera: Eugene Onegin	BUS
1:00	Chair Yoga	CL
3:30	Quarter Bingo	CL
6:30	Live Virtual- Orchestra of St. Luke's: Vivaldi's THE FOUR SEASONS	CL

07

9:30	Chair Aerobics	CL
10:00	Community Event - Jewish Java	CA
10:15	Stretch / Balance Class	CL
11:00	Tai Chi	CL
11:45	Cardio Drumming	CL
12:50	Shopping Trip-Publix	L
2:00	Hook and Needle Group	CL
6:45	TV Game Show Night: Jeopardy	CL

08

9:30	Water Aerobics	Pool
10:00	Torah with Laura	CA
10:15	Chair Strengthening	CL
11:30	Walking Group	L
1:00	Tech Help with Skip	L
2:00	Security Session with Mauri & Alex Silverstein	CL
3:30	Bingo	CL
4:00	Shabbat Services	PC
4:45	Shabbat Blessing with Steve Meisel	DR

09

All Day	Fitness Center-Open All Day	FC
9:30	Shabbat Services	PC
11:30	Shabbat Lunch	DR
5:00	Dinner Outing- Cracker Barrel	BUS

10

All Day	"Rock your socks off!" Wear crazy socks	RGH
All Day	Fitness Center-Open All Day	FC
11:30	Mother's Day Brunch	DR
1:30	The Schmooze	CRY
2:00	Mother's Day Celebration- Classic Gold Music	CA
3:00	Quarter Bingo	CL
6:45	Open Game Night	CL

11

All Day	"Superhero Day!" Dressup day	RGH
9:30	Water Aerobics	Pool
10:15	Chair Strengthening	CL
11:00	Chair Yoga	CL
11:30	Walking Group	L
1:00	Errand Bus	BUS
1:00	Rosary Prayer Group - Member Led	CAN
1:30	Strength for the Journey	PC
3:00	Bingo	CL
6:45	Piano with Jeremy Wineglass	CL

12

All Day	"Moments in Bloom" Hawaiian Day	RGH
9:00	Auxiliary Event - Game Day	CA
9:30	Chair Aerobics	CL
10:15	Stretch / Balance Class	CL
11:00	Tai Chi	CL
11:30	Singing Circle with Minda	CL
12:00	Blood Pressure Checks	CRY
12:50	Shopping Trip- Walmart (San Jose)	L
3:30	Goodnight Buddy Program: Info Session	CL
6:45	Poetry Panel Open Mic	CL

13

All Day	"Together We Stand" wear colors that support a cause	RGH
9:30	Water Aerobics	Pool
10:15	Chair Strengthening	CL
11:00	Mediation with Grant	CL
11:30	Walking Group	L
1:00	Chair Yoga	CL
1:50	Trip to Walgreens	BUS
2:30	Trivia Fun with Jewish Life	CA
3:30	Community Event - Alz Support Group	PC
4:00	30 Minute Mingle/ Cocktails	CL
6:45	Quarter Bingo	CL

14

All Day	"Repping River Garden" Wear River Garden colors	RGH
9:30	Chair Aerobics	CL
10:15	Stretch / Balance Class	CL
11:00	Tai Chi	CL
11:45	Cardio Drumming	CL
12:50	Shopping Trip-Publix	L
2:00	Gold Seal Celebration	CA
2:00	Travel Documentary: Venezuela The Hidden Beauty Beyond the Headlines	CL
4:30	"Birthday Bash"	DR
6:45	Music with Steve Chapman	CL

15

9:30	Water Aerobics	Pool
10:00	Catholic Mass	CA
10:00	Torah with Laura	PC
10:15	Chair Strengthening	CL
11:30	Walking Group	L
1:00	Tech Help with Skip	L
3:30	Bingo	CL
4:00	Shabbat Services	PC
4:45	Shabbat Blessing with Steve Meisel	DR

16

All Day	Fitness Center-Open All Day	FC
9:30	Shabbat Services	PC
11:30	Shabbat Lunch	DR
4:00	Happy Hour	CL
5:00	Music with Mr. Kelly Burke	CAN

17

All Day	Fitness Center-Open All Day	FC
10:00	Open Mahjong	CL
11:30	Crosswords	CC
1:30	The Schmooze	CRY
3:00	"Miracles Happen": A Shavuot Play w/Gail Greenfield	CA
3:00	Quarter Bingo	CL
6:45	Open Game Night	CL

18

9:30	Water Aerobics	Pool
10:15	Chair Strengthening	CL
11:00	Chair Yoga	CL
11:30	Men's Lunch Outing- Longhorn Steakhouse	BUS
11:30	Walking Group	L
1:00	Rosary Prayer Group - Member Led	CAN
1:30	Strength for the Journey	PC
3:00	Bingo	CL

19

9:30	Chair Aerobics	CL
10:15	Stretch / Balance Class	CL
11:00	Tai Chi	CL
11:30	Singing Circle with Minda	CL
12:00	Blood Pressure Checks	CRY
12:50	Shopping Trip- Target	L
3:30	Tuesday Discussion: Simple Happiness	CL
6:45	Advice Column Club	CL

20

9:30	Water Aerobics	Pool
10:15	Chair Strengthening	CL
11:00	Mediation with Grant	CL
11:30	Walking Group	L
1:00	The Pickle Factory - Outing	BUS
1:00	Chair Yoga	CL
1:30	Non Denominational Services	PC
2:30	Jewish Life Bakes Cheesecake!	FP
6:45	Quarter Bingo	CL

21

All Day	Erev Shavuot	RGH
9:30	Chair Aerobics	CL
10:15	Stretch / Balance Class	CL
11:00	Tai Chi	CL
11:45	Cardio Drumming	CL
12:50	Shopping Trip-Publix	L
1:00	Balance Testing with Yvette	RU
2:00	Town Hall Meeting	CL
4:00	Wine Down with Mauri	CL

22

All Day	Shavuot - 1st Day	RGH
9:30	Holiday Services	PC
9:45	Symphony- At the Ballet	BUS
4:00	Shabbat Services	PC
4:45	Shabbat Blessing with Steve Meisel	DR

23

All Day	Fitness Center-Open All Day	FC
All Day	Shavuot - 2nd Day	RGH
9:30	Shabbat & Holiday Services w/Yizkor	PC
11:30	Shabbat Lunch	DR

24

All Day	Fitness Center-Open All Day	FC
10:00	Open Mahjong	CL
11:30	Crosswords	CC
1:30	Quarter Bingo	CL
1:30	The Schmooze	CRY
2:00	Jacksonville Flute Duo	CA
3:00	Music with Michael Murphy	CL
6:45	Open Game Night	CL

25

9:30	Water Aerobics	Pool
10:15	Chair Strengthening	CL
11:00	Chair Yoga	CL
11:30	Memorial Day Luncheon	DR
1:00	Errand Bus	L
1:00	Rosary Prayer Group - Member Led	CAN
1:30	Strength for the Journey	PC
3:00	Bingo	CL
5:00	Movie Night	CL

26

9:30	Chair Aerobics	CL
10:15	Stretch / Balance Class	CL
11:00	Tai Chi	CL
11:30	Community Event - CyberAware with Alex Silverstein	CA
11:30	Singing Circle with Minda	CL
12:00	Blood Pressure Checks	CRY
12:50	Shopping Trip- Dollar General	L
3:30	Tuesday Discussion: Friendships	CL
6:45	Music with Mike Burns	CL

27

9:30	Water Aerobics	Pool
10:15	Chair Strengthening	CL
11:15	Short Stories with Joanne Davis	CL
11:30	Walking Group	L
1:00	Lecture with Yvette - Better Bones	CL
1:50	Trip to Walgreens	BUS
2:00	Best of Jewish Broadway!	CA
4:00	30 Minute Mingle/ Cocktails	CL
6:45	Quarter Bingo	CL

28

9:30	Chair Aerobics	CL
10:15	Stretch / Balance Class	CL
11:00	Tai Chi	CL
11:45	Cardio Drumming	CL
12:50	Shopping Trip-Publix	L
2:00	Book Review Session: Mystery	CL
6:45	NEW! Music with Cheryl Bowen	CL

29

9:30	Water Aerobics	Pool
10:15	Chair Strengthening	CL
11:30	Walking Group	L
1:00	Tech Help with Skip	L
2:00	Torah with Laura	CL
3:30	Bingo	CL
4:00	Shabbat Services	PC
4:45	Shabbat Blessing with Steve Meisel	DR

30

All Day	Fitness Center-Open All Day	FC
9:30	Shabbat Services	PC
11:30	Shabbat Lunch	DR
4:00	Member Social Gathering- BYOD	CL
5:00	Music with Susan	CL

Meeting Places

BUS Bus
CAN CV-Canopy Cove
CC CV-Cedar Cove-near apt. 64
CL CV-Club Room
CRY CV-Crystal Cove
DR CV-Dining Room
FC CV-Fitness Center
L CV-Lobby
Pool CV-Pool
CA RG-Cohen Auditorium
FP RG-Frisch Pavilion
RGH RG-Housewide
PC RG-Parker Chapel
RU RG-Rehab Unit

***Activities are subject to change.**