

SUMMER TIME

Meeting Places BUS Bus CAN CV-Canopy Cove CC CV-Cedar Cove-near apt. 64 CL CV-Club Room CRY CV-Crystal Cove DR CV-Dining Room FC CV-Fitness Center L CV-Lobby Pool CV-Pool CA RG-Cohen Auditorium FP RG-Frisch Pavilion PC RG-Parker Chapel				9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Meditation CL 11:30 Walking Group L 1:00 Chair Yoga CL 1:50 Trip to Walgreens BUS 2:00 Remembrance Gathering CA 2:00 Red, White & Blue Group Project CL 3:30 Patriotic Sing-along with Steve Chapman CA 6:45 Quarter Bingo CL	01	9:30 Chair Aerobics CL 10:15 Stretch / Balance Class CL 11:00 Tai Chi CL 11:45 Cardio Drumming CL 12:50 Shopping Trip-Publix L 1:00 Olympic Training - Trivia CL 2:00 Patriotic Performance with Cheryl Bowen CA 3:00 Hook and Needle Group CL 4:30 Chef's Table (RSVP) CL 6:45 Music with Steve Chapman CL	02	9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:30 Walking Group L 12:00 Fourth of July Social CL 1:00 Tech Help with Skip L 2:00 Torah with Laura CL 3:30 Bingo CL 4:00 Shabbat Services PC 4:45 Shabbat Blessing with Steve Meisel DR	03	All Day Fitness Center-Open FC All Day 9:30 Shabbat Services PC 11:30 Shabbat Lunch DR 4:00 Happy Hour 4th of July CL 5:00 Sing along with Laura Buss CL	04
	05 All Day Fitness Center-Open All Day 10:00 Open Mahjong 11:30 Crosswords 1:30 Canasta Game for Beginners 1:30 The Schmooze 2:30 JB Scott & Lisa Kelly 3:00 Quarter Bingo 6:45 Open Game Night	06 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Chair Yoga CL 11:30 Walking Group L 1:00 Errand Bus L 1:00 Rosary Prayer Group - Member Led CAN 1:30 Strength for the Journey PC 6:45 Movie Night- Voicemails for Isabelle CL	07 9:30 Chair Aerobics CL 10:15 Stretch / Balance Class CL 11:00 Tai Chi CL 11:30 Singing Circle CL 12:00 Blood Pressure Checks CRY 12:50 Shopping Trip- Walmart (San Jose) L 1:00 Olympic Training- Shuffleboard CL 3:30 Tuesday Discussion: Share A Childhood Story CL 6:45 Trivia Tuesday Dive Bar Edition CL	08 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Meditation CL 11:30 Walking Group L 1:00 Chair Yoga CL 1:50 Trip to Walgreens BUS 2:00 Jewish Life Films: My Old Lady CA 3:30 Community Event - Alz Support Group PC 6:30 Quarter Bingo CL	09 9:30 Chair Aerobics CL 10:15 Stretch / Balance Class CL 11:00 Tai Chi CL 11:45 Cardio Drumming CL 12:50 Shopping Trip-Publix L 1:00 Olympic Training- Shuffleboard CL 3:30 Audiobook Listen & Talk CL 4:30 "Birthday Bash" DR 6:45 TV Game Show Night: Wheel of Fortune CL	10 9:30 Water Aerobics Pool 10:00 Torah with Laura CA 10:15 Chair Strengthening CL 11:30 Walking Group L 1:00 Tech Help with Skip L 3:00 Bingo CL 4:00 Shabbat Services PC 4:45 Shabbat Blessing with Steve Meisel DR	11 All Day Fitness Center-Open All Day 9:30 Shabbat Services PC 11:30 Shabbat Lunch DR 5:00 Dinner Outing CL	11			
	12 All Day Fitness Center-Open All Day 10:00 Open Mahjong 1:00 Quarter Bingo 1:30 The Schmooze 6:45 Open Game Night	13 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Chair Yoga CL 11:30 Walking Group L 1:00 Errand Bus L 1:00 Rosary Prayer Group - Member Led CAN 1:30 Challah Braiding with Chabad Kids! CL 1:30 Strength for the Journey PC 3:00 Bingo CL 6:45 Jewish Life Films - My Old Lady CL	14 9:30 Chair Aerobics CL 10:15 Stretch / Balance Class CL 11:00 Tai Chi CL 11:30 Singing Circle CL 12:00 Blood Pressure Checks CRY 12:50 Shopping Trip- Trader Joe's L 1:00 Olympic Training- Cornhole CL	15 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Meditation CL 11:30 Walking Group L 1:00 Primary Supervised Voting CL 1:30 Non Denominational Services PC 1:50 Trip to Walgreens BUS 3:00 Quarter Bingo CL	16 9:30 Chair Aerobics CL 10:15 Stretch / Balance Class CL 11:00 Tai Chi CL 11:45 Cardio Drumming CL 12:50 Shopping Trip-Publix L 1:00 Olympic Training- Cornhole CL 4:30 Luau Themed Dinner DR	17 9:30 Water Aerobics Pool 10:00 Catholic Mass CA 10:15 Chair Strengthening CL 11:00 Cummer Museum - Art in Bloom BUS 11:30 Walking Group L 1:00 Tech Help with Skip L 2:00 Torah with Laura CL 3:30 Bingo CL 4:00 Shabbat Services PC 4:45 Shabbat Blessing with Steve Meisel DR	18 All Day Fitness Center-Open All Day 9:30 Shabbat Services PC 11:30 Shabbat Lunch DR 4:00 Happy Hour CL	18			
	19 All Day Fitness Center-Open All Day 10:00 Open Mahjong 11:30 Crosswords 1:30 Quarter Bingo 1:30 The Schmooze 3:00 Music with Michael Murphy 6:45 Open Game Night	20 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Chair Yoga CL 11:30 Walking Group L 1:00 Errand Bus L 1:00 Olympic Game Day 1- Bowling CL 1:00 Rosary Prayer Group - Member Led CAN 1:30 Strength for the Journey PC 3:00 Bingo CL 6:45 Movie Night CL	21 9:30 Chair Aerobics CL 10:15 Stretch / Balance Class CL 11:00 Tai Chi CL 11:30 Singing Circle CL 12:00 Blood Pressure Checks CRY 12:50 Shopping Trip- Publix L 1:00 Olympic Game Day 2 Golf CL 2:00 Israel Teens Visit The Coves CL 3:45 Coves Think Tank CL 6:45 Trivia Tuesday Dive Bar Edition CL	22 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Meditation CL 11:30 Walking Group L 1:00 Olympic Game Day 3 - Trivia CL 1:50 Trip to Walgreens BUS 2:00 Olympic Game Day 4 - Shuffleboard CL 6:30 Quarter Bingo CL	23 9:30 Tisha B'Av Services PC	24 9:30 Water Aerobics Pool 10:00 Torah with Laura PC 10:15 Chair Strengthening CL 11:30 Walking Group L 1:00 Olympic Game Day 5 Cornhole CL 1:00 Tech Help with Skip L 3:00 Bingo CL 4:00 Shabbat Services PC 4:45 Shabbat Blessing with Steve Meisel DR	25 All Day Fitness Center-Open All Day 9:30 Shabbat Services PC 11:30 Shabbat Lunch DR 5:00 Dinner Outing CL	25			
	26 All Day Fitness Center-Open All Day 10:00 Open Mahjong 11:00 Crosswords 1:30 The Schmooze 3:00 Quarter Bingo 6:45 Open Game Night	27 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Chair Yoga CL 11:30 Men's Lunch Outing BUS 11:30 Walking Group L 1:00 Rosary Prayer Group - Member Led CAN 1:30 Strength for the Journey PC 3:00 Bingo CL 4:30 Olympic Award Dinner DR 6:45 Movie Night CL	28 9:30 Chair Aerobics CL 10:15 Stretch / Balance Class CL 11:00 Tai Chi CL 11:30 Singing Circle CL 12:00 Blood Pressure Checks CRY 12:50 Shopping Trip- Small Walmart L 1:30 Teen End of Summer program CA 3:15 Coves Think Tank CL 3:45 Tuesday Discussion Share Your Favorite Vacation CL 6:45 Music with Mike Burns CL	29 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Meditation CL 11:30 Walking Group L 1:00 Chair Yoga CL 1:50 Trip to Walgreens BUS 2:30 Jewish Life Bakes for Tu B'Av! FP 6:30 Quarter Bingo CL	30 9:30 Chair Aerobics CL 10:15 Stretch / Balance Class CL 11:00 Tai Chi CL 11:45 Cardio Drumming CL 12:50 Shopping Trip-Publix L 1:30 National Gorgeous Grandma Day CL 6:45 TV Game Show Night: Jeopardy CL	31 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:30 Walking Group L 1:00 Tech Help with Skip L 2:00 Torah with Laura CL 3:00 Bingo CL 4:00 Shabbat Services PC 4:45 Shabbat Blessing with Steve Meisel DR					