

The Coves



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY JUNE 2026

01			02			03			04			05			06					
9:30	Water Aerobics	Pool	9:30	Chair Aerobics	CL	9:30	Water Aerobics	Pool	9:30	Chair Aerobics	CL	9:30	Water Aerobics	Pool	All Day	Fitness Center-Open	FC			
10:15	Chair Strengthening	CL	10:15	Stretch / Balance Class	CL	10:15	Chair Strengthening	CL	10:15	Stretch / Balance Class	CL	10:00	Torah with Laura	CA		All Day				
11:00	Chair Yoga	CL	11:00	Tai Chi	CL	11:00	Meditation	CL	11:00	Tai Chi	CL	10:15	Chair Strengthening	CL	9:30	Shabbat Services	PC			
11:30	Walking Group	L	11:30	Singing Circle	CL	11:30	Walking Group	L	11:30	Cardio Drumming	CL	11:30	Walking Group	L	11:30	Shabbat Lunch	DR			
1:00	Errand Bus	L	12:00	Blood Pressure Checks	CRY	1:00	Chair Yoga	CL	11:45	Shopping Trip-Publix	L	1:00	Tech Help with Skip	L	4:00	Happy Hour	CL			
1:00	Rosary Prayer Group - Member Led	CAN	12:50	Shopping Trip- Small Walmart	L	1:50	Trip to Walgreens	BUS	12:50	Hook & Needle Group	CL	2:00	You Be the Judge with Bobbie Jo	CL	4:15	DocTalk- Natalie Halpern	CL			
1:30	Strength for the Journey	PC	3:30	Tuesday Discussion: Share Your Favorite Recipe	CL	2:00	Hurricane Prep Session	CL	2:00	Audiobook Listen & Talk	CL	3:30	Bingo	CL						
3:00	Dollar Bingo	CL	6:45	Trivia Tuesday Dive Bar Edition	CL	2:30	Jewish Life Bakes Lemon Blueberry Cake!	FP	3:30	TV Game Show Night: Price is Right	CL	4:00	Shabbat Services	PC						
6:45	Movie Night- Tooties	CL				4:00	Cocktail & Consensus	CL	6:45			4:45	Shabbat Blessing with Steve Meisel	DR						
						6:45	Quarter Bingo	CL												
07			08			09			10			11			12			13		
All Day	Fitness Center-Open All Day	FC	9:30	Water Aerobics	Pool	9:30	Chair Aerobics	CL	9:30	Water Aerobics	Pool	9:30	Chair Aerobics	CL	9:30	Water Aerobics	Pool	All Day	Fitness Center-Open All Day	FC
10:00	Open Mahjong	CL	10:15	Chair Strengthening	CL	10:15	Stretch / Balance Class	CL	10:15	Chair Strengthening	CL	10:15	Stretch / Balance Class	CL	10:15	Chair Strengthening	CL	9:30	Shabbat Services	PC
11:30	Crosswords	CC	11:00	Chair Yoga	CL	11:00	Tai Chi	CL	11:00	Meditation	CL	11:00	Tai Chi	CL	11:30	Walking Group	L	11:30	Shabbat Lunch	DR
1:30	The Schmooze	CRY	11:30	Walking Group	L	11:30	Singing Circle	CL	11:00	Walking Group	L	11:45	Cardio Drumming	CL	1:00	Tech Help with Skip	L	5:00	Dinner Outing- Seasons 52	BUS
2:30	JB Scott & Lisa Kelly Musical Performance	CA	1:00	Rosary Prayer Group - Member Led	CAN	12:00	Blood Pressure Checks	CRY	1:00	Chair Yoga	CL	12:50	Shopping Trip-Publix	L	3:00	Bingo	CL			
3:30	Quarter Bingo	CL	1:30	Strength for the Journey	PC	12:50	Shopping Trip- Winn Dixie	L	1:50	Trip to Walgreens	BUS	2:00	Travel Documentary: KENYA: The Beautiful Danger of East Africa	CL	4:00	Shabbat Services	PC			
6:45	Open Game Night	CL	3:30	Dollar Bingo	CL	3:30	Learn How To Play: Canasta	CL	2:00	Jewish Life Films - Radio Days	CA	2:00	TV Game Show Night: Family Feud	CL	4:45	Shabbat Blessing with Steve Meisel	DR			
			6:45	Music with Buster	CL	6:45	Trivia Tuesday Dive Bar Edition	CL	3:30	Painting with Robyn	CAN									
									5:00	Chef's Dinner	CL									
									7:00	Quarter Bingo	CL									
14			15			16			17			18			19			20		
All Day	Fitness Center-Open All Day	FC	9:30	Water Aerobics	Pool	9:30	Chair Aerobics	CL	9:30	Water Aerobics	Pool	9:30	Chair Aerobics	CL	9:30	Water Aerobics	Pool	All Day	Fitness Center-Open All Day	FC
10:00	Open Mahjong	CL	10:15	Chair Strengthening	CL	10:15	Stretch / Balance Class	CL	10:15	Chair Strengthening	CL	10:15	Stretch / Balance Class	CL	10:00	Catholic Mass	CA	9:30	Shabbat Services	PC
11:30	Crosswords	CC	11:00	Chair Yoga	CL	11:00	Tai Chi	CL	11:00	National Mascot Day- with a Surprise Guest	CL	11:00	Tai Chi	CL	10:15	Chair Strengthening	CL	11:30	Shabbat Services	PC
1:30	Quarter Bingo	CL	11:30	Walking Group	L	11:30	Singing Circle	CL	11:30	Walking Group	L	11:45	Cardio Drumming	CL	11:30	Walking Group	L	1:00	Bingo	CL
1:30	The Schmooze	CRY	1:00	Errand Bus	L	12:00	Blood Pressure Checks	CRY	1:00	Lecture with Yvette	CL	12:50	Shopping Trip-Publix	L	1:00	Tech Help with Skip	L	1:30	Shabbat Lunch	DR
3:00	Music with Michael Murphy	CL	1:00	Rosary Prayer Group - Member Led	CAN	12:50	Shopping Trip-Target	L	1:30	Non Denominational Services	PC	1:00	Olympic Training - Bowling	CL	2:00	Torah with Laura	CL	4:00	Happy Hour	CL
6:45	Open Game Night	CL	1:30	Strength for the Journey	PC	1:00	Olympic Training - Bowling	CL	1:50	Trip to Walgreens	BUS	3:00	Hook & Needle Group	CL	4:00	Shabbat Services	PC	5:00	Music with Joe	CL
			2:00	Learn to Juggle with Len Ferman	CL	3:30	Tuesday Discussion: Share a Photograph	CL	2:00	Book Review with Nancy - Four Red Sweaters	CA	6:45	NEW!! Music with Mac Gano	CL	4:45	Shabbat Blessing with Steve Meisel	DR			
			3:00	Dollar Bingo	CL	6:45	Joke Night with Rita Kovak	CL	5:00	Chef's Table	CL									
			6:45	Movie Night	CL				7:00	Quarter Bingo	CL									
21			22			23			24			25			26			27		
All Day	Fitness Center-Open All Day	FC	9:30	Water Aerobics	Pool	9:30	Chair Aerobics	CL	9:30	Water Aerobics	Pool	9:30	Chair Aerobics	CL	9:30	Water Aerobics	Pool	All Day	Fitness Center-Open All Day	FC
10:00	Open Mahjong	CL	10:15	Chair Strengthening	CL	10:15	Stretch / Balance Class	CL	10:15	Chair Strengthening	CL	10:15	Stretch / Balance Class	CL	10:00	Torah with Laura	PC	9:30	Shabbat Services	PC
11:30	Father's Day Brunch	DR	11:00	Chair Yoga	CL	11:00	Tai Chi	CL	11:15	Lunch with Lois	CL	11:00	Tai Chi	CL	10:15	Chair Strengthening	CL	11:30	Shabbat Lunch	DR
1:30	The Schmooze	CRY	11:30	Walking Group	L	11:30	Singing Circle	CL	11:30	Walking Group	L	11:45	Cardio Drumming	CL	11:30	Walking Group	L	5:00	Dinner Outing- Kazu Japanese Restaurant	BUS
2:00	Father's Day Celebration with The Steve Chapman Trio	CA	1:00	Dollar Bingo	CL	12:00	Blood Pressure Checks	CRY	1:00	Chair Yoga	CL	12:50	Shopping Trip-Publix	L	1:00	Tech Help with Skip	L			
3:30	Quarter Bingo	CL	1:00	Rosary Prayer Group - Member Led	CAN	12:50	Shopping Trip- Walmart (San Jose)	L	1:50	Trip to Walgreens	BUS	1:30	Mad Hatter Table Strut!	CA	1:30	Bingo	CL			
6:45	Open Game Night	CL	1:00	Errand Bus	BUS	1:00	Olympic Training - Golf	CL	2:00	Torah In Real Life	CA	2:30	Mad Hatter Tea Party	CA	4:00	Shabbat Services	PC			
			1:30	Strength for the Journey	PC	3:30	Tuesday Discussion: Share Your Favorite Outfit	CL	4:00	30 Minute Mingle/ Cocktails	CL	4:00	Wine Down with Mauri	CL	4:45	Shabbat Blessing with Steve Meisel	DR			
			3:00	Dollar Bingo	CL	4:00	Coves Think Tank	CL	6:45	Quarter Bingo	CL	6:45	TV Game Show Night: Jeopardy	CL						
			6:45	Movie Night	CL	6:45	Trivia Tuesday Dive Bar Edition	CL												
28			29			30														
All Day	Fitness Center-Open All Day	FC	9:30	Water Aerobics	Pool	9:30	Chair Aerobics	CL												
10:00	Open Mahjong	CL	10:15	Chair Strengthening	CL	10:15	Stretch / Balance Class	CL												
11:30	Crosswords	CC	11:00	Chair Yoga	CL	11:00	Tai Chi	CL												
1:30	Quarter Bingo	CL	11:30	Walking Group	L	11:30	Singing Circle	CL												
1:30	The Schmooze	CRY	1:00	Dollar Bingo	CL	12:00	Blood Pressure Checks	CRY												
6:45	Open Game Night	CL	1:00	Rosary Prayer Group - Member Led	CAN	12:50	Shopping Trip- NEW Enson Market	L												
			1:30	Strength for the Journey	PC	1:00	Olympic Training - Trivia	CL												
			3:00	Dollar Bingo	CL	3:30	Tuesday Discussion: Dreams That Shaped Us	CL												
			6:45	Movie Night	CL	7:00	Singing Circle Performance	CL												

- Meeting Places
BUS Bus
CAN CV-Canopy Cove
CC CV-Cedar Cove-near apt. 64
CL CV-Club Room
CRY CV-Crystal Cove
DR CV-Dining Room
FC CV-Fitness Center
L CV-Lobby
Pool CV-Pool
CA RG-Cohen Auditorium
FP RG-Frisch Pavilion
PC RG-Parker Chapel

***Activities are subject to change.**