The Coves

AUGUST 2026

Meeting Places

- **BUS** Bus
- **CAN** CV-Canopy Cove
- **CC** CV-Cedar Cove-near apt. 64
- **CL** CV-Club Room
- **CRY** CV-Crystal Cove
- **DR** CV-Dining Room
- **FC** CV-Fitness Center
- **L** CV-Lobby
- **Pool** CV-Pool
- **CA** RG-Cohen Auditorium
- **FP** RG-Frisch Pavilion
- **PC** RG-Parker Chapel

***Activities are subject to change.**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Aug 30 All Day Fitness Center-Open All Day FC 10:00 Open Mahjong CL 11:30 Crosswords CC 12:30 Canasta | Game for Beginners CC 1:30 Quarter Bingo CL 1:30 The Schmooze CRY 2:30 JB Scott & Lisa Kelly CA 3:00 Music with Michael Murphy CL 6:45 Open Game Night CL	**Aug 31** 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Chair Yoga CL 11:30 Walking Group L 1:00 Errand Bus L 1:00 Rosary Prayer Group - Member Led CAN 1:30 Strength for the Journey PC 3:00 Bingo CL					**01** All Day Fitness Center-Open All Day FC 9:30 Shabbat Services PC 11:30 Shabbat Lunch DR 4:00 Happy Hour CL
02 All Day Fitness Center-Open All Day FC 10:00 Open Mahjong CL 11:00 Crosswords CC 12:30 Canasta | Game for Beginners CC 1:30 The Schmooze CRY 3:00 Quarter Bingo CL 6:45 Open Game Night CL	**03** 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Chair Yoga CL 11:30 Walking Group L 12:30 Lunch and learn with Marty Goetz CL 1:00 Errand Bus L 1:00 Rosary Prayer Group - Member Led CAN 1:30 Strength for the Journey PC 3:00 Bingo CL 6:45 Movie Night- Hitch CL	**04** 9:30 Chair Aerobics CL 10:00 Music with Mac CA 10:15 Stretch / Balance Class CL 11:00 Tai Chi CL 11:30 Icon-Dinner Reservations Update CL 12:00 Blood Pressure Checks CRY 12:50 Shopping Trip- Walmart (San Jose) L 2:00 Hook and Needle Group CL 6:45 Trivia Tuesday | Dive Bar Edition CL	**05** 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Meditation CL 11:30 Walking Group L 1:00 Chair Yoga CL 1:50 Trip to Walgreens BUS 2:00 Jewish Wheel of Fortune - Fall Holiday Edition! CA 2:00 Nutrition Program with Bailey and Ashley CL 3:30 Piano with Steve Chapman CA 6:45 Quarter Bingo CL	**06** 9:30 Chair Aerobics CL 10:15 Stretch / Balance Class CL 11:00 Tai Chi CL 11:45 Cardio Drumming CL 12:50 Shopping Trip-Publix L 1:00 Line Dancing with Yvette CL 1:30 Root beer Floats CL 4:30 Pajama Party Themed Dinner DR 6:45 Music with Mac Ganoe CL	**07** 9:30 Mandarin Club Outing BUS 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:30 Walking Group L 1:00 Tech Help with Skip L 2:00 Torah with Laura CL 3:30 Bingo CL 4:00 Shabbat Services PC 4:45 Shabbat Blessing with Steve Meisel DR	**08** All Day Fitness Center-Open All Day FC 9:30 Shabbat Services PC 11:30 Shabbat Lunch DR 5:00 Dinner Outing-Southern Seafood CL
09 All Day Fitness Center-Open All Day FC 10:00 Open Mahjong CL 11:00 Crosswords CC 12:30 Canasta | Game For Beginners CC 1:30 The Schmooze CRY 3:00 Quarter Bingo CL 6:45 Open Game Night CL	**10** 9:30 Breakfast Club- Toasted Yolk BUS 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Chair Yoga CL 11:30 Walking Group L 1:00 Rosary Prayer Group - Member Led CAN 1:30 Strength for the Journey PC 3:00 Bingo CL 6:45 Music with Buster CL	**11** 9:30 Chair Aerobics CL 10:00 Community Event - MOSH Program CA 10:15 Stretch / Balance Class CL 11:00 Tai Chi CL 12:00 Blood Pressure Checks CRY 12:50 Shopping Trip- Winn Dixie L 2:00 Tuesday Schmooze Day with Sarah.D & Liz CL 4:00 30 Minute Mingle/ Cocktails CL 6:45 Trivia Tuesday | Dive Bar Edition CL	**12** 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Meditation CL 11:30 Walking Group L 1:00 Chair Yoga CL 1:50 Trip to Walgreens BUS 2:30 Painting with Robyn CL 3:30 Community Event - Alz Support Group PC 6:45 Quarter Bingo CL	**13** 9:30 Chair Aerobics CL 10:15 Stretch / Balance Class CL 11:00 Tai Chi CL 11:45 Minute to win it games CL 12:50 Shopping Trip-Publix L 4:30 "Birthday Bash" DR 6:30 Casino Night CL	**14** 9:30 Water Aerobics Pool 10:00 Torah with Laura CA 10:15 Chair Strengthening CL 11:30 Walking Group L 1:00 Tech Help with Skip L 3:00 Bingo CL 4:00 Shabbat Services PC 4:45 Shabbat Blessing with Steve Meisel DR	**15** All Day Fitness Center-Open All Day FC 9:30 Shabbat Services PC 11:30 Shabbat Lunch DR 5:00 Happy Hour CL
16 All Day Fitness Center-Open All Day FC 10:00 Open Mahjong CL 11:30 Crosswords CC 12:30 Canasta | Game for Beginners CC 1:30 The Schmooze CRY 3:00 Quarter Bingo CL 6:45 Open Game Night CL	**17** 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Chair Yoga CL 11:30 Walking Group L 1:00 Errand Bus L 1:00 Rosary Prayer Group - Member Led CAN 1:30 Strength for the Journey PC 3:00 Bingo CL 6:45 Jewish Life Films - Fiddler's Journey to the Big Screen CL	**18** 9:30 Chair Aerobics CL 10:15 Stretch / Balance Class CL 11:00 Tai Chi CL 12:00 Blood Pressure Checks CRY 12:50 Shopping Trip- L 2:00 Letters Keychain Making CL 6:45 Trivia Tuesday | Dive Bar Edition CL	**19** 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Meditation CL 11:30 Walking Group L 1:00 Lecture with Yvette CL 1:30 Non Denominational Services PC 1:50 Trip to Walgreens BUS 2:30 Jewish Life Makes Knishes! FP 3:30 Piano with Steve Chapman CA 6:45 Quarter Bingo CL	**20** 9:30 Chair Aerobics CL 10:15 Stretch / Balance Class CL 11:15 Lunch with Lois- Judge Schlesinger CL 12:50 Shopping Trip-Publix L 6:45 TV Game Show Night: Hollywood Squares CL	**21** 9:30 Water Aerobics Pool 10:00 Gabe's Store and Lunch Outing BUS 10:00 Catholic Mass CA 10:15 Chair Strengthening CL 11:30 Walking Group L 1:00 Tech Help with Skip L 2:00 Torah with Laura CL 3:30 Bingo CL 4:00 Shabbat Services PC 4:45 Shabbat Blessing with Steve Meisel DR	**22** All Day Fitness Center-Open All Day FC 9:30 Shabbat Services PC 11:30 Shabbat Lunch DR 5:00 Dinner Outing-Green Papaya BUS
23 All Day Fitness Center-Open All Day FC 10:00 Open Mahjong CL 11:30 Crosswords CC 12:30 Canasta | Game for Beginners CC 1:30 The Schmooze CRY 2:30 Student Piano Recital CA 3:00 Quarter Bingo CL 6:45 Open Game Night CL	**24** 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Chair Yoga CL 11:30 Walking Group L 1:00 Errand Bus L 1:00 Rosary Prayer Group - Member Led CAN 1:30 Strength for the Journey PC 3:00 Bingo CL 6:45 Piano with Jeremy Wineglass CL	**25** 9:30 Chair Aerobics CL 10:15 Stretch / Balance Class CL 11:00 Tai Chi CL 12:00 Blood Pressure Checks CRY 12:50 Shopping Trip- Small Walmart L 6:45 Music with Michael Burns CL	**26** 9:30 Water Aerobics Pool 10:15 Chair Strengthening CL 11:00 Meditation CL 11:30 Walking Group L 1:00 Chair Yoga CL 1:50 Trip to Walgreens BUS 2:00 Make your Banana Split CL 4:00 Jewish Life Pop-Up - High Holiday Info L 6:45 Quarter Bingo CL	**27** 9:30 Chair Aerobics CL 10:15 Stretch / Balance Class CL 11:00 Tai Chi CL 11:45 Hitt Class CL 12:50 Shopping Trip-Publix L 2:00 Hook and Needle Group CL 4:00 Wine Down with Mauri CL 6:45 TV Game Show Night: TriBond CL	**28** 9:30 Water Aerobics Pool 10:00 Torah with Laura CA 10:15 Chair Strengthening CL 11:30 Walking Group L 1:00 Tech Help with Skip L 3:00 Bingo CL 4:00 Shabbat Services PC 4:45 Shabbat Blessing with Steve Meisel DR	**29** All Day Fitness Center-Open All Day FC 9:30 Shabbat Services PC 11:30 Shabbat Lunch DR 4:30 Member Social Dinner CL