

The Coves

NOVEMBER 2026

Meeting Places

- **BUS** Bus
- **CAN** CV-Canopy Cove
- **CL** CV-Club Room
- **CRY** CV-Crystal Cove
- **DR** CV-Dining Room
- **FC** CV-Fitness Center
- **L** CV-Lobby
- **Pool** CV-Pool
- **CA** RG-Cohen Auditorium
- **FP** RG-Frisch Pavilion
- **PC** RG-Parker Chapel

***Activities are subject to change.**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 All Day Fitness Center-Open All Day FC 10:00a Open Mahjong CL 10:30a What's the Good Word?" Fun with Yiddish! L 1:00p Quarter Bingo CL 2:00p Student Piano Recital CA 3:00p The Schmooze CL 6:45p Open Game Night CL	**02** 9:30a Water Aerobics Pool 10:15a Chair Strengthening CL 11:00a Chair Yoga CL 11:30a Walking Group L 12:50p Shopping Trip- Winn Dixie BUS 1:00p Rosary Prayer Group - Member Led CAN 1:30p Strength for the Journey PC 3:00p Bingo CL	**03** 9:30a Chair Aerobics CL 10:15a Stretch / Balance Class CL 11:00a Tai Chi CL 11:30a Member Led--Singing Circle CL 12:00p Blood Pressure Checks CRY 2:30p Game of Jeopardy CL 6:45p Trivia Tuesday | Dive Bar Edition CL	**04** 9:30a Water Aerobics Pool 10:15a Chair Strengthening CL 11:00a Meditation CL 11:30a Walking Group L 1:00p Chair Yoga CL 1:50p Trip to Walgreens BUS 2:00p Nutrition Program with Bailey and Ashley CL 3:30p Piano with Steve Chapman CA 6:30p Quarter Bingo CL	**05** 9:30a Chair Aerobics CL 10:15a Stretch / Balance Class CL 11:00a Tai Chi CL 11:35a Line Dancing with Yvette CL 12:50p Shopping Trip-Publix L 2:00p Let's Travel to Egypt with Malcom Bloom CL 6:45p Open Game Night CL	**06** 9:30a Water Aerobics Pool 10:15a Chair Strengthening CL 11:00a Avonlea Antiques & Lunch Outing BUS 11:30a Walking Group L 1:00p Tech Help with Skip L 2:00p Torah with Laura CL 3:15p Views behind the news with Elliott CL 4:00p Shabbat Services PC 4:45p Shabbat Blessing with Steve Meisel DR	**07** All Day Fitness Center-Open All Day FC 9:30a Shabbat Services PC 11:30a Shabbat Lunch DR 4:00p Happy Hour CL
08 All Day Fitness Center-Open All Day FC 10:00a Open Mahjong CL 10:30a Riverside Fall Market BUS 10:30a What's the Good Word?" Fun with Yiddish! L 1:00p The Schmooze CRY 1:00p Quarter Bingo CL 6:45p Open Game Night CL	**09** 9:30a Water Aerobics Pool 10:15a Chair Strengthening CL 11:00a Chair Yoga CL 11:30a Walking Group L 1:00p Errand Bus L 1:00p Rosary Prayer Group - Member Led CAN 1:30p Strength for the Journey PC 2:00p Crosswords CL 3:00p Bingo CL 6:45p NEW- Comedy Night with Carmiya CL	**10** 9:30a Chair Aerobics CL 10:15a Stretch / Balance Class CL 11:00a Tai Chi CL 11:30a Member Led--Singing Along CL 12:00p Blood Pressure Checks CRY 12:50p Shopping Trip- Walmart (San Jose) L 3:00p Hook and Needle Group CL 6:45p Movie Night- April in Paris CL	**11** 9:00a Veterans Breakfast DR 9:30a Water Aerobics Pool 10:15a Chair Strengthening CL 10:30a Quilts of Valor- Veterans Day Event CA 11:00a Meditation CL 11:30a Walking Group L 1:00p Chair Yoga CL 1:50p Trip to Walgreens L 2:00p Jewish Life Films: About Face - Jewish Refugees in the Allied Forces CA 6:45p Trivia with Jeff CL	**12** 9:30a Chair Aerobics CL 10:15a Stretch / Balance Class CL 11:00a Tai Chi CL 11:35a Hiit Class CL 12:50p Shopping Trip-Publix L 2:30p Quarter Bingo CL 4:30p "Birthday Bash" DR 6:45p Met Opera- Cinderella CL	**13** 9:30a Water Aerobics Pool 10:00a Torah with Laura CA 10:15a Chair Strengthening CL 11:00a Belk Shopping Trip BUS 11:30a Walking Group L 1:00p Tech Help with Skip L 3:00p Bingo CL 4:00p Shabbat Services PC 4:45p Shabbat Blessing with Steve Meisel DR	**14** All Day Fitness Center-Open All Day FC 9:30a Shabbat Services PC 11:30a Shabbat Lunch DR 5:00p Dinner Outing-Longhorn Steakhouse BUS
15 All Day Fitness Center-Open All Day FC 10:00a Open Mahjong CL 10:30a What's the Good Word?" Fun with Yiddish! L 1:00p The Schmooze CRY 1:00p Quarter Bingo CL 2:30p JCA Concert Series- Claire Wells- Violin BUS 6:45p Open Game Night CL	**16** 9:30a Water Aerobics Pool 10:15a Chair Strengthening CL 10:30a JCA Concert Series- Claire Wells, Violinist CA 11:00a Chair Yoga CL 11:30a Walking Group L 1:00p Healthy Lecture Series with Yvette CL 1:00p Rosary Prayer Group - Member Led CAN 1:30p Strength for the Journey PC 3:00p Bingo CL 6:45p Music with Cheryl - That Blonde CL	**17** 9:30a Chair Aerobics CL 10:15a Stretch / Balance Class CL 11:00a Tai Chi CL 11:30a Member Led--Singing Along CL 12:00p Blood Pressure Checks CRY 12:50p Shopping Trip- Winn Dixie L 2:30p Armchair Travel- Wonder of Michigan/ Life on American's Northern Edge CL 6:45p Movie Night CL	**18** 9:30a Water Aerobics Pool 10:15a Chair Strengthening CL 11:15a Lunch with Lois CL 11:30a Walking Group L 1:00p Shuffle Board CL 1:30p Non Denominational Services PC 1:50p Trip to Walgreens L 2:30p Jewish Life Bakes! FP 2:30p Painting with Robyn CL 6:30p Quarter Bingo CL	**19** 9:30a Chair Aerobics CL 10:15a Stretch / Balance Class CL 11:00a Tai Chi CL 11:30a Brain Fitness Day CL 12:00p Shopping Trip-Publix BUS 2:00p 4th Annual Spelling Bee CL 4:00p Fall Cocktail Hour CL 6:45p Music with Steve Chapman CL	**20** 9:30a Water Aerobics Pool 10:00a Catholic Mass CA 10:15a Chair Strengthening CL 11:30a Walking Challenge Day L 1:00p Tech Help with Skip L 2:00p Torah with Laura CL 3:15p Views behind the news with Elliott CL 4:00p Shabbat Services PC 4:45p Shabbat Blessing with Steve Meisel DR	**21** All Day Fitness Center-Open All Day FC 9:30a Shabbat Services PC 11:30a Shabbat Lunch DR 5:00p Happy Hour CL
22 All Day Fitness Center-Open All Day FC 10:00a Open Mahjong CL 1:00p Quarter Bingo CL 1:00p The Schmooze CRY 3:00p Music with Michael Murphy CRY 6:45p Open Game Night CL	**23** 9:30a Water Aerobics Pool 10:15a Chair Strengthening CL 11:00a Chair Yoga CL 11:30a Walking Group L 1:00p Errand Bus L 1:00p Rosary Prayer Group - Member Led CAN 1:30p Strength for the Journey PC 2:00p Crosswords CL 3:00p Bingo CL	**24** 9:30a Chair Aerobics CL 10:15a Stretch / Balance Class CL 11:00a Tai Chi CL 11:30a Member Led--Singing Along CL 12:00p Blood Pressure Checks CRY 12:50p Shopping Trip-Publix L 2:00p Fall Craft CL 6:45p Music with Mike Burns CL	**25** 9:30a Water Aerobics Pool 10:15a Chair Strengthening CL 11:00a Meditation CL 11:30a Walking Group L 1:00p Chair Yoga CL 1:50p Trip to Walgreens BUS 2:00p Fall Trivia CL 6:30p Quarter Bingo CL	**26** 9:00a Macy's Day Parade CL 11:30a Thanksgiving Luncheon DR 1:30p Movie Matinee CL	**27** 9:30a Water Aerobics Pool 10:00a Torah with Laura CA 10:15a Chair Strengthening CL 11:30a Walking Group L 2:00p Quarter Bingo CL 4:00p Shabbat Services PC 4:45p Shabbat Blessing with Steve Meisel DR	**28** All Day Fitness Center-Open All Day FC 9:30a Shabbat Services PC 11:30a Shabbat Lunch DR 5:00p Coves Friendsgiving CL
29 All Day Fitness Center-Open All Day FC 10:00a Open Mahjong CL 1:00p The Schmooze CRY 1:00p Quarter Bingo CL 2:30p JB Scott & Lisa Kelly CA 6:45p Open Game Night CL	**30** 9:30a Water Aerobics Pool 10:15a Chair Strengthening CL 11:00a Chair Yoga CL 11:30a Walking Group L 1:00p Errand Bus L 1:00p Rosary Prayer Group - Member Led CAN 1:30p Strength for the Journey PC 2:00p Crosswords CL 3:00p Bingo CL 6:45p Movie Night CL					